

Rising Stars



Developing personal leadership is a critical component in bringing today's youth into society and the workforce as healthy, productive contributors. Rising Stars' proven process instills these behaviors along with additional return on investment through prevention and reduction of risk behavior.

In many cases, attitudes will directly determine whether a young person turns a problem into an opportunity or succumbs to it; whether they behave in ways that benefit others or remain self-absorbed; whether they consciously expand the use of their potential or allow atrophy to set in; whether they diligently look for continuous growth and improvement opportunities or remain satisfied with the status quo. Interpersonal skills, when combined with increased knowledge and goal setting behavior, enhance the ability of youth to assess the impact of their existing and future success. The end result is that young people transition beyond the traditional approach to learning and start *applying* knowledge, therefore, taking control of their own destiny.

The Rising Stars process contains all of these components along with innovative self-directed learning strategies by which young people take responsibility for their own personal improvement and constructivism.

The Purpose

The purpose of this performance model is three-fold. First, through the successful application of self-leadership skills during their middle school, high school, or early college years, young people will embrace the process and tools enabling them to achieve their goals thereby becoming positive contributors to their community. Second, the alignment of all goals by all shareholders within any organization is critical to create a high performance, sustainable environment. Third, beginning by defining the end result using a variety of pre-determined benchmarks, a positive return on investment can be directly realized.



Critical Issues Covered Within this Process

- Developing Personal Leadership
- Keys to a Positive Self-Image
- Conformity and Choices
- The Power of Your Attitude
- Goal Setting for Success
- Establishing Priorities
- Learning From Mistakes
- Making the Most of Your Time
- Do You Know Your "Self"
- Human Needs and Motivation
- Leading Others
- Communicating with Others
- Making Decisions and Solving Problems
- Continuing Leadership Growth

The Results are Measurable

- 40% Grade Point Increase
- 56% Reduction in School Disciplinary/Truancy Incidents
- College Attendance Increased from 5% to 75%
- Effective Communication in Diverse Situations (Socially Confident)
- Internalization of Time Management and Conflict Resolution
- Demonstration of Leadership

The Formula for Success

ASK + mG = PBC:: IP

Contact Information

Ken A. Wilund
Consulting Partner

Office: 314.416.4792

Mobile: 314.723.4792

KWilund@aol.com

www.WilundAssociates.com

4333 Arrow Tree Dr. Suite A
St. Louis, MO 63128